

## JOURNAL CLUB



Journal Club was conducted on 28-11-15 at 11.00 am at Vinayaka Mission's College of Nursing, Karaikal. The presentation was started in the presence of **Prof. Dr.K.Kamala, Ph.D.**, Principal, faculties and PG students of College of Nursing. **Mrs.R.G. Padmapriya M.Sc., (N)**, Lecturer, Department of Mental Health Nursing presented a topic on **Psychotherapy and Life** which includes goals, types, techniques and effects of various psychotherapies and its implications in mental health were discussed. Critical evaluation was carried out by faculties after the presentation. The faculties & students gained knowledge on the psychotherapy & life.