

NATIONAL CONFERENCE ON NUTRITIONAL AWARENESS AND FOOD SAFETY

A KEY TO SUSTAINING LIFE AND PROMOTING HEALTH



Vinayaka Mission's College of Nursing, Karaikal has conducted its second National Level Conference titled Nutritional Awareness and Food Safety – a key to sustaining life and promoting health on 16th October 2015.

The conference was inaugurated by the Chief Guest Dr. S. Kalavathy, Ph.D.,(N), Principal, Rani Meyyammai College of Nursing, Chidambaram. Dr. H. Syed Maroof Saheb, Medical Superintendent, VMMC&H was the special invitee of the occasion.

Eight sessions were taken, titled, Nutrition & Diet – an Overview, Enhancing food safety and sanitation practices, An understanding of early nutrition and long term health, Importance of nutrition in woman's health, Impact of dieting & eating disorders on health, Dietary modification is a vital part in prevention of chronic diseases, Food borne diseases: Focus on reduction of risk, Food adulteration and additives are harmful contaminants to health.

The valedictory function was conducted. Mrs. S. Bhavani, TNC Observer congratulated the institution and the management on organizing this National Conference.

Dr. K. Kamala, Principal, VMCON, Karaikal, Prof. R. Joseph Hermaline, Vice Principal, VMCON, Karaikal, Mrs. S. Bhavani, TNC Observer were distributed the participation certificates to the delegates.

Finally the conference drew to a close with the National Anthem.





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